

Youth Happenings

Youth Sports & Fitness

Bldg. 241, Ledward Barracks

09721-966822 or DSN 354-6822

Tues-Fri, 10am-5pm

Location is Ledward Gym and sign up is the day of the event at the location unless otherwise noted. All participants must be registered with CYS and have a current physical on file.

SAS Sports Workshops

January 5 & 19, 3-4 p.m., SAS Gym

Participants will create their own game or sport to play with the other children. This helps build basic motor skills by teaching throwing, catching and running and improves strength, skills and endurance. Open to ages 8-12 years.

Wrestling Meet Your Coach Day

January 6, 5-6 p.m. at Ledward Gym

FCC/CDC Motor Skills Day

January 10 & 30, 3-4 p.m., CDC Center Gym

Basic motor skills of throwing, catching, batting and hitting will be taught and practiced throughout each session. Ages 3-5 yrs.

Triple Play Fitness Challenge

January 12, 4-5 p.m.

The goal of this challenge is to increase the number of hours each day club members participate in physical activities, improve their knowledge of healthy habits and physical fitness, and strengthen their ability to interact positively with others and engage in healthy relationships. Open to ages 8-15 years.

Skiing/Snowboarding

Fridays in January and February, 4-8 p.m. Registration will be held through January 6, 10 a.m.-5 p.m. at the Ledward Gym. This is a new individual sport offered in 2005! Practice will be held on local German ski slopes, and transportation will be provided. Participants must bring their own equipment or rent it from Outdoor Recreation. Open to ages 9-15 years. Limit 12 participants per session. Slope fees are approximately €10 per session. Meet Your Coach Day is January 7, 4 p.m.

SKIESUnlimited

Bldg. 444, across from Ledward Barracks

09721-966460 or DSN 354-6460

Introducing SKIESUnlimited!

SKIESUnlimited brings a brand new style of teaching to the youth of Schweinfurt. Children must be registered with CYS to participate. Cost is \$50 per class and registration is held at CER in The Commons. Each class will be offered several times in 2005, so you will have many opportunities to participate! The following classes will be offered in January and February (one session per week for 2 months):

Ballet, ages 5-18, in the School of Sports

Ceramics, ages 10-18, in the School of Arts

Sewing, ages 10-18, in the School of Life Skills

Seeking Contracted Instructors

Do you have a special talent you would like to offer the youth of Schweinfurt? The CYS SKIESUnlimited Program is seeking instructors for a variety of classes. The opportunities to teach are endless. Call for more information.

6 OUT & ABOUT / January 2005



The Middle School Zone

Bldg. 574 in Askren Manor

09721-87465 or DSN 354-6308

Mon-Fri, 2-8pm & last Sat of every month, 4-8pm; Closed Sat, Sun & Holidays

MSZ activities are open to registered 6th-8th graders and will take place at the MSZ, unless otherwise noted. Don't forget Power Hour study time from 2-4 p.m. Mon-Fri and get rewarded by cashing in Power Points for school supplies and prizes. School rocks and homework is definitely cool. We want to take this opportunity to thank all the parents and youth who lend a helping hand by volunteering with Youth Services. We are very grateful! We want you to continue to get involved and help in the process of shaping our young people's lives. Don't forget, one person can make a world of difference. Have a great New Year!

MSZ Clubs

Photo Club January 3 & 24, 5-6 p.m.

Internat'l Cooking Club January 4 & 18, 5-7 p.m.

Ultimate Journey January 5, 5-6 p.m.

Smart Girls Club January 6 & 20, 5-7 p.m.

Torch Club January 11 & 25, 5-6 p.m.

Passport to Manhood January 13 & 27, 5-6 p.m.

4-H Club January 31, 5-6 p.m.

MSZ Special Events & Trips

Passport to Manhood Lock-In

January 7-8, 7 p.m.-7 a.m. Attention all young men! If you want to have the time of your life with a whole evening dedicated to sports, leisure games and activities, movies, food and guy talk, you better make sure you're in the house to bring it down!

Winter Wonderland Dance

January 14, 7-10 p.m. Cost is \$4. It's the holiday season and everyone is filled with joy and good tidings! Celebrate the season in dance and song along with your peers. Bring a small gift or something to give away in a White Elephant gift exchange-- see who gets the most hilarious presents. Don't miss it!

Hail & Farewell and Birthday of the Month

January 21, 5-7 p.m. Celebrate at the Zone and enjoy music, cake and ice cream, and more in recognition of your special day.

Walt Disney Castle Experience

January 28, 6 a.m.-Midnight. Everyone has seen a Disney movie with the magical white castle in the beginning. Now you can see it in person at the Neuschwanstein Castle in Schwangau. Don't miss out on the exploration of this mystical wonderland and enjoy some skiing or sledding as well. Cost is €20 per person.